

Trail guide
 Map 1:25'000 for sale in Anniviers Tourist

- br | Wanderweg | Hiking Trail
- tre de montagne | Bergwanderweg | g trail
- | | Schwieriger Weg | Difficult Trail
- a | Waldstrasse | Forest track
- sum | Dauer der Strecke | Hiking time





Schutz auf den Vierterricht.
Das Wetter ändert sich in den Bergen sehr schnell.
Nehmt ein, falls irgendwelche Schwierigkeiten
auftreten.
Beachtet die Markierungen und Hinweise.
Sorgt Ausrüstung mit für die Berge geeignet sein
(Schuhe, detaillierte Karte, Stöcke, usw.)

Tips for hikers and nature lovers
Leave only the lightest footprint, bring home only memo-
ries. Leave no rubbish behind.
Do not disturb, feed or remove animals.
Alpine plants are protected. Resist temptation to pick
flowers or plants.
Familiarize yourself with the area. Use a map and choose
your trail carefully according to your abilities. Get infor-
mation from the Tourist Office.
Check weather conditions and forecast. Be pre-
pared for abrupt changes in weather.
Do not hesitate to turn back in case of difficulty.
Stay on designated trails.
Set out with the proper equipment
(adequate footwear, detailed maps, hiking sticks etc.)